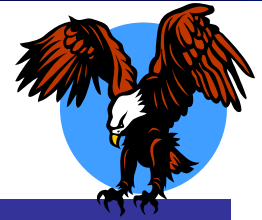


EAGLE PRESS
STAFF

The Eagle Press



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Welcome Back to Cardinal McCarrick

Welcome back to Cardinal McCarrick High School! I know that personally, I am very excited to be coming back for my senior year of high school. This fall season we have had a lot going on. We have had all of our sports teams being superstars. Also, the homecoming dance was a lot of fun for all of those who attended. Austin Kaiser, a senior, has told me how excited he is for his final year here at McCarrick to start although it will be a sad one to end. I have a feeling that

this 2009-2010 school year is going to be a good one for everyone. "I'm so pumped for my senior year. It's going to be one of the greatest years of my life" – Allison Dougherty and Nicole Heil have both said. Both of the senior and freshman retreats were also a great success. Everyone had a good time and had great days bonding with their classes. This fall has been an amazing start to this hopefully amazing school year. I'm looking forward to all of the fun and exciting things to happen this

year. I wish for everyone in the Cardinal McCarrick High School family to have a safe, enjoyable, and memorable school year.

By: Maureen Kenny

Bishop's Mass

On Friday, October 9, 2009, our school had its monthly Mass with the presence of Bishop Paul Bootkoski. This Mass was dedicated to vocations. During his sermon, the Bishop spoke about the calling to be in the priesthood. He told a touching story of his dear friend and he asked

all of the students to follow God's calling for them. At the end of the Mass, he gave us a Bishop's holiday that will be used at the discretion of the administration. The students were excited to greet the Bishop on the way out of the church. After Mass, he was treated to lunch in our

library with some of the student ambassadors. He received some Eagle wear to support our school spirit as a gift.. This was a wonderful and blessed start to our school year.

By: Cristina Goncalves



Football/Cheerleading

Although the CMHS football team has gotten off to a bad start, we still have hope. They hold a record of 1-5 as of October 23, 2009. The first game on September 12th was a heartbreaker when they lost by only 1 point. The final score of the game was Keansburg 13, Cardinal McCarrick 12. On September 19th the Eagles were victorious over Mater Dei with the final score of 40-21. "We had a rocky start in the beginning but we're gonna get this train rollin'," says Captain LaQuan Fisher. The cheerleaders hope for the best as they cheer on their boys. "We hate to see the boys play hard and not come out

on top, hopefully they can bring home a few more victories!" says cheerleader Alexa Tsaptsinos. It is very important that the players keep their heads up even when they are down. Taylor Clark stated, "We have very talented players on our team that work very hard." The boys leave their hearts on the field every game. Hopefully we can pull together a few more wins to end the season on a good note. Captain Laquan Fisher says, "We're a force to be reckoned with!"

By: Brianna Brush



Girl's Soccer

The Lady Eagles soccer team began the season fiercely led by captains Kellie Inglis, Victoria Lussier, Emma Murry, and Allison Smith. The girls won their first game in a blow out against South River, followed by another win over Wardlaw. The Lady Eagles have collaborated to surpass various obstacles, such as many injuries and illnesses, and still managed to push to the top. On October 12th, the Lady Eagles regained the Mayor's Cup in an impressive display of teamwork in a 4-2 victory over South Amboy High School. Despite losses, they are in the Greater Middlesex County

tournament and will make an appearance in the State tournament at the end of October. The girls soccer team will await the outcome of their next game against Middlesex on October 30th which will secure their standing in the Gold Division. So far the Lady Eagles seem to be a powerhouse this season and we would like to wish you good luck and keep up the great work!

By: Kellie Inglis

Boy's Soccer

Every soccer season arrives with the new school year and brings with it new players, new students and marks the advent of a beginning and end. Soccer symbolizes a lot more than players, goals and statistics. In Cardinal McCarrick, no JV or freshman team is present; all that exists is Varsity. This may sound like a crippling attribute; talent pools are ponds and seasons where the number of wins are greater than losses are seldom, and yet this environment provides a unique quality that most professional teams cannot even understand.

Cardinal McCarrick soccer is a program where unique unity and experience are present. Freshman and Seniors, and those in between, can all coexist, be taught and teach one another, grow and show talents. "There's nothing quite like it, it represents an enormous part of who I am," says leading Senior goal scorer Erik Szewezuk. The team this year is headed by three notable captains; Derek Laxson, Austin Kaiser and Erik Szewezuk. They are followed by soon to be leading juniors and supported by sophomores and freshman

who all uphold their own important responsibilities.

This season also marks the dawn of a new coach, Mr. Lepski. He is a new type of leader and has a new coaching style. His necessary dedication and generosity speaks volumes about Cardinal McCarrick's future in soccer, athletics and leadership. Without him the team would not be like it is today and will not end up like it will. His debut season's record has been not so ideal, but the future is bright. We are just waiting for the sun to rise.

By: Austin Kaiser

Girl's Tennis

Kasia Danzelchuck and Giselle Wong have led the tennis team to a 5-7 record so far this season. The team is doing very well and for the first time in six years, doubles Jamie Williams and Jen Sheryka have scored a point in the GMC's.

Jamie and Jennifer are the team's first doubles to play and their record is 11-1, which is outstanding. The team's second doubles, Tracy Black and Tori Quigley, are also doing very well.

The team has been improving tremendously since the first practice. Haley Simon, this being her first year, has also improved greatly. She started at second doubles, and has moved her way up to be third singles. Liz Fehl has also been consistent at

second singles.

Giselle (first singles) has been a fighter through out the season. After becoming injured during the Middlesex game, she decided to keep playing and won the match. Giselle has had to sit out since then, but hopes for a speedy recovery so she can get back on the tennis court. After injury, Kasia took first singles to lead the team. This year's tennis season has gone great so far. The team, mostly made up of juniors, hopes to strive and do even better next year. We look forward to the end of a great season!

By: Kristen Hansen



Cross Country

"I let my feet spend as little time on the ground as possible. From the air, fast down, and from the ground, fast up." –

Jesse Owens

A team that has lived by this quote is the Varsity Boys Cross Country team. Coming to a great start this fall, Ryan Kelly, John Costello, Chris Fraiser, Ricky Baumann, Jimmy Nizolek, Conor Gillen, Blaise Hode, Mike Wutkowski, Joe Sas, and Kevin Waiter are all proud to say they are now 4-1. In an interview with the two top runners, Ryan Kelly and John Costello answered some questions about the team.

What is your team record?

"The team's record is 4-1 so far."

How is your team doing?

"The team is doing very well; we are still a young team."

A lot of athletes run cross country to stay in shape for their main sport.

How did you end up becoming a runner?

Ryan Kelly: "I was not good at anything else."

John Costello: "Mr. Twomey asked me."

How does your coach feel about the team this year?

"Overall, Mr. Twomey is pleased with the improvement in everyone."

What's been the highlight of your running career thus far?

Ryan Kelly: "I would have to say, tying the schools record at 17:30."

John Costello: "Being 4-1."

What race do you expect to concentrate on?

"The races against Spotswood and Highland Park."

What do you do to get ready for a big race?

Ryan Kelly: "I think about the competition and what I have to do to beat them."

John Costello: "I meditate."

Would you say your training is closer to a high mileage-low intensity, low mileage-high intensity or high and low on both?

"We would say the training is closer to a high mileage- low intensity."

What advice would you give a new runner?

Ryan Kelly: "Start training at a low-mileage, and then gradually add more miles every week."

John Costello: "The key is a good stretch."

Good luck for the rest of the season boys,. We hope the team brings home many future wins!

By: Arielle Bonilla



Homecoming



The Homecoming Dance was a big hit this year! Everyone had a blast. The music was great, the students loved it, and everyone was dancing and having a good time.

The students thought the DJ was excellent this year. He played all types of music for everyone to enjoy and have fun. The dance floor was packed the whole time and I don't think I saw anyone sitting down all night.

"This year's homecoming dance was POP-PIN!" said senior Austin Kaiser. Our homecoming court this year was Freshmen Joe Lovallo & Heather Targonski, Sophomores Amanda Kontor & Blaise Hode, Juniors John Appiah & Lizzane Saranglao and Seniors Erik Leonhardt & Mariela Batista.

Our King this year was Senior Craig Thomas and our Queen was Senior Allison Smith (CONGRATS to our Homecoming Court!) This year had to have been the best!

By: Stephanie Rosario



School Play

Auditions for the fall play, "Clue", were held on September 21st and 22nd. Everyone who auditioned did a great job but only a few could have a part. The play is going to be difficult for all involved because every night will be a different ending. The actors will not know what ending they will be performing for their audience until that night. The rehearsals are going great and all are having fun. "Clue" is a

play that the entire student body needs to go and see. It is a play about six people who receive a letter to come to a mysterious mansion. The plot quickly turns from blackmail to murder. See if you can figure out "Who done it?" Seniors involved in the play are Gabby Cardamuro, Elliot Medina, Vicky Lussier, Austin Kaiser, Andrea Cirillo, LaQuan Fisher, Tom Holovacko, Krissy Troutman, and Nicole

Heil. Others in the play are Paul Rosato, Eric Genther, Amada Iocca, Amanda Kantor, Emily Cristiana and Ashley DiRobbio. Come see the play, support your classmates, and find out if the butler is always the killer.

By: Stacy Swanson



Campus Ministry

The goal of campus ministry is to increase the knowledge of Catholic faith in order to enable the increase of virtues of holiness and service. To learn more about the Campus Ministry and upcoming events, I interviewed Sister Mariela. One of her future plans for the Ministry include starting the "G" team. The "G" stands for grace, and the students will be learning more to live in grace through the life of Christ. To be involved in this would be a fantastic experience. Students who join

will take part in morning prayers, nights of community building and following Christ in a zealous way. The "G" team will be lead by the Discipleship team, known as the "D" team. Sister Mariela is hoping to have as many students involved as possible. This will be a wonderful experience and can open many doors to help you live as a dedicated Catholic and become more involved and closer to Christ.

By: Kayla Jarry

Gossip Never Sleeps

Gossip here, gossip there, gossip everywhere. What do you know? What do I know? Well let's combine our stories. There are so many things to share so sit down and get ready for this ride. First, did you know that Kourtney Kardashian's home has been burglarized? Not too long ago to be exact. It was reported that both Kourtney and her boyfriend, went out to dinner and came back to a house that had been broken into. As we all know, the Kardashians have been in the spotlight this year for their looks, relationships and for their TV show on E! Hundreds of thousands of dollars of jewelry was reportedly taken. Among the items missing, Kourtney's Cartier watch, worth around \$30,000, an expensive Rolex owned by her boyfriend and multiple diamonds, including diamond hoops. And, worst of all, she's missing some pieces her dad, Robert Kardashian, left her.

Secret Pregnancy

I don't know about you, but Christina Millian is known for her looks. She and new husband, "The Dream", also an artist, confirmed to be married in LA. It's been a couple of weeks and already we have discovered her bump. For her birthday, she partied at Tabu where it

became obvious that she truly is pregnant. She appeared to have gained weight and her famous abs have disappeared. When asked, the couple denied the rumors, but we have now all witnessed the truth. In my opinion, they could be denying it not because they do not want the baby, but because they do not want people, especially the paparazzi, to bother them with their new lives together.

"Balloon Boy"

Now, what do you think about our new star "Balloon Boy"? It seems like his family really wants the fame, don't they? Well, just in case you don't know about this incident, a six year old boy was thought to be stuck in a balloon that his family created. America tuned in to watch as the balloon stayed in the air for a couple of hours until it was later found out that the boy was not in the balloon from the start. His family is said to be in search of a reality show deal for quite some time now. The day after the incident, the family went on a TV show where the 6 year old mistakenly confessed that the phone calls to the police were all for publicity. The police then searched the family's home for any evidence and have found a couple of boxes which could lead to other cases. The Heenes might have fooled America

for a couple of hours, but this issue is not funny. They just wasted everyone's time and I bet the show will never happen.

Baby Einstein Scam
Baby Einstein is known to be a very good educational program for babies of all different ages. Parents spend an enormous amount of money buying all the DVD's, always wanting the best for their children. The New York Times has reported that Disney is offering a refund to buyers of "Baby Einstein" videos, which did not, as promised, turn babies into geniuses. Apparently, all of the puppets, bright colors, and songs were a mind-numbing way to occupy infants. Although some argued that it was impossible for babies in their diapers to learn the thing this video claimed they could, some embraced the videos as a miraculous early stage for their children to start learning.

By: Anita Amoa

Fall Fashion

This fall season the 19th century is playing a huge role in the fashion trends for females. Major designers are building their fall lines upon already existing elements in past seasons, like the military and tuxedo trends. Some key elements in this season consist of: waist coats, tailored vests, high collars, ruffle blouses, slim cut jeans, and the big accessories are boots and oversized bags. Two major designers who are setting the speed for this season are Ralph Lauren and Coco Chanel. When you have a night out on the town, a cocktail dress will be the way to go. When it comes to colors, the rainbow will be your palette. Electric colors will be in, not only as accents, but as main pieces of the outfit. The over the knee is the must have boot for the season. The "hippe look" will

also be in this fall along with the "high class look." Accessories are the biggest must have for females; they will be the icing on the cake for your outfit. Some designers who contain the must have accessories are: Dolce & Gabbana, Cartier, Yves Saint Laurent, Oscar De La Renta, and Jimmy Choo. When it comes to different types of print, all that was seen on the cat walk was leopard. No matter where you go this season as long as you follow the 2009 fall fashions, you will not be out of style.

By: Carly Sutherland

& Judy Adames



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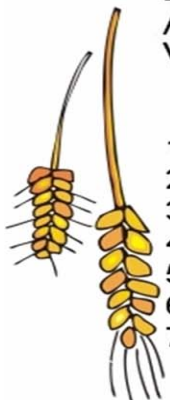
Upcoming Events

- November 6 - Junior Ring Night
- November 7 - Holiday Craft Fair
- November 10 - Fall Sports Awards
- November 11-17 - NCFL Eagle Sweatshirt Raffle
- November 13 - School Liturgy, Report Cards & Jam for the Lamb
- November 17 - Parent Teacher Conferences & NCFL Fundraiser at Friday's
- November 26 - Thanksgiving
- December 10 - Progress Reports
- December 10 & 11 - Fall Play "Clue"
- December 24 - Christmas Eve
- December 25 - Christmas Day
- December 31- New Years Eve
- January 1- New Years Day

Thanksgiving Word Search



T B Y K I N H E C H U T Y E D
 H O U B L E M A O N O H P G S
 P U M P K I N K R A P A H T A
 I F M E R B E A N V D N F H Y
 E L Y A N R B J U Y E K A J Z
 C H O Q O X A H C O C S H E P
 V U A I V P T P O Z U G T T R
 O Q J P X U C Y P Y G I X A F
 Z F A M I L Y O I L S V R K S
 D E T E G L N D A M E I K L E
 A P U T A H G U P N O N Q A L
 S O R U Z E A R F U L G U L H
 E B K C O R N J I N D I A N S
 A M E O G M Q U P M I F H A V
 V A Y K A E C X H O S H I P S



- | | |
|---------------|------------------|
| 1. Apple | 8. Pie |
| 2. Corn | 9. Pilgrims |
| 3. Cornucopia | 10. Pumpkin |
| 4. Fall | 11. Ships |
| 5. Family | 12. Thanksgiving |
| 6. Harvest | 13. Turkey |
| 7. Indians | 14. Yummy |



Cardinal McCarrick's 1st Quarterly Horoscopes

Scorpio (Oct 23-Nov 21): Keep it on the down low, whatever you do. A teacher or some other kind of authority figure in your life might be on a major power rampage and won't take kindly to any lip. Save yourself the hassle.

Aquarius (Jan 20-Feb 18): You'll pick up a penny or another object on the way to school, but by mid-afternoon, you'll be chasing after bigger prey. Look out for excitement: You'll hear a rumor that someone you've had your eye on has a crush on you.

Pisces (Feb 19-Mar 20): Your mental TV is set to one station only today: the Future Channel. It's such fascinating programming, but try to focus in the present – you need to pay attention now to make the future happen.

Aries (Mar 21-Apr 20): In the morning, you'll discover you have more cash on hand than you'd expected. Later in the afternoon, you'll have the opportunity to spend your money on something just for you. Don't hesitate – you deserve the treat.

Taurus (Apr 21-May 20): Your domestic side is just below the surface today, and you'll want to embark on an art project or launch an elaborate plan to cover your dresser in decoupage. Whatever you do, you'll feel safe, secure and utterly satisfied.

Gemini (May 21-Jun 21): A hot-button political issue will start different factions of your social group bickering like you've never seen them argue before. To your surprise, you'll actually enjoy the shift in personal dynamics that the argument precipitates.

Cancer (Jun 22-Jul 22): If it's energy you've been waiting for, you've got it. If someone tells you to "give me five!" you'll smile and drop for five push-ups. Sure, you would have thought of the joke another day, but would you have the motivation to do it?

Leo (Jul 23-Aug 23): You're extremely sensitive to other's whims and displeasures today, and if you're in a position where you'll come in contact with a lot of picky, bossy people, their complaints will chafe. Relax with the most good-natured friend you've got.

Virgo (Aug 24-Sept 22): You're in the mood to be surrounded by people today, and if no party is forthcoming, you may have to organize the fun yourself. You concentrate on the location and activity.

Libra (Sept 23-Oct 22): You've got big ideas and that's a good thing. Why not talk about them with your closest pals or a teacher who gets you? Sharing what's on your mind might give you even more inspiration.

Sagittarius (Nov 22-Dec 21): You've got miles of smiles and you're more than willing to share. People perk up when they're in your presence. Remember to use your powers for good no matter where you go or what you want.

Capricorn (Dec 22-Jan 19): Did your best friend forget their lunch (again)? Hey, not everyone's as organized as you are. Give them some of your fries. In fact, knowing you, you might have even bought extras.

