

Cardinal McCarrick High School

Sophomore Year College Advisory Program



- 1. Set academic goals for the year and establish a personal schedule to achieve these goals. Share this information with your guidance counselor, parents, and teachers.**
- 2. Take the PSAT's in October. Beforehand take time to become familiar with the test. Thoroughly go over the material presented by the guidance department.**
- 3. Analyze PSAT results with your guidance counselor and teachers to better your score next year and set goals for the remaining two years of high school and beyond.**
- 4. Commit to co-curricular and volunteer activities that were begun last year. Remember your level of involvement is more important than number of activities. Join new activities that interest you. Volunteer more.**
- 5. Review study habits and make adjustments considering your subjects, activities, and other commitments. Regularly communicate your adjustments with teachers, parents, and guidance counselor.**
- 6. Develop a calendar to keep track of important dates . Use your planner as your calendar or keep it on a cell phone or PDA. Keep your calendar accessible at all times.**
- 7. Request information from colleges and universities you are developing an interest in attending. Remember most information can be attained from the schools website**
- 8. Consider attending a college open house and/or college fair to become familiar with college entrance criteria and begin to develop a pool of resources.**
- 9. Review with your guidance counselor the core courses needed to be eligible through the NCAA to participate in college athletics in Division I and II.**

- 10. Explore the possibility of taking one or more SAT Subject Tests at the end of the year. Further information can be attained through your teachers and guidance.**
- 11. Plan wise use of the summer to include: a summer course, special program, volunteer work, employment and/or travel**