

# Cardinal McCarrick High School

## Freshman Year College Advisory Program



1. **Become fully oriented with Cardinal McCarrick's grading policy including: letter grades, class rank, and college units.**
2. **Initiate development of "Student Activity Resume" while exploring co-curricular activities both in and outside of school.**
3. **Get involved! Join sports, activities, and clubs. Volunteer your time in your community or parish in such organizations as First Aid, Fire department, political group, parish youth group, and/or St. Vincent de Paul society. Ask parents, teachers, activity moderators, coaches, and guidance counselors for suggestions.**
4. **Discuss with your teachers study skills and techniques that work for their discipline. Review overall study techniques with your guidance counselor.**
5. **Develop strategies and skills necessary for successful individual "time management." Use your planner as our calendar as well as assignment pad. Work with parents, teachers, moderators, coaches, and guidance counselor to achieve this goal.**
6. **Take career interest survey on school testing date. Use the results to access areas of interest and develop plan to explore those interests with your guidance counselor. Possible career choices should drive your goals for this year and your course choices for the future.**
7. **Become aware of NCAA clearinghouse requirements if interested in playing sports in college. Please see your guidance counselor about this.**
8. **Design a plan for course of studies based on proposed career interests. Discuss your options with parents, teachers, and your guidance counselor before making decisions.**
9. **Browse college websites and literature to develop a list of possible future college choices.**
10. **Learn the basics of financial necessities for college. These will include tuition, grants, scholarships, and work study. Discuss your family options with your parents. Start saving if you haven't already!**

- 11. Learn the college terminology you will need to know when reading about colleges or carrying on a conversation.**
- 12. During the second half of the year, choose your courses for sophomore year. Consider summer courses or programs of study for your area of interest. Use information in guidance and the internet to view opportunities.**
- 13. Start a file in which you will keep all important documents. This should include report cards, honor roll certificates, awards, college information and copies of correspondence.**